

ACTIVITY: Leave The Room Better Than You Found It

Finding opportunities to spread positivity doesn't only help your sense of purpose, but also creates a healthy work environment. This activity affords you the opportunity to focus on the positive. Every day we enter and leave rooms without a second thought. What if instead we took time to be present and choose to do something that improves the environment and gives meaning to our work?

What if we committed to leaving a room better than we found it? In most cases it doesn't take much effort. Perhaps committing to smiling during a meeting, cleaning up the room, complementing someone, listening with intent, sincerely asking someone how they are doing. Pretty easy right?

Try This!

- Try leaving a room better than you found it for a whole day.
- Extend it to a week.
- Encourage others to leave the room better than they found it.

20 Creative Ways to Boost Employee Morale

<http://www.inc.com/sujan-patel/20-creative-ways-to-boost-employee-morale.html>